# In-House Hockey League - Updates

Join the fast, non-stop action in our Vacaville Jets In-House Hockey League! This league is for boys and girls ages 5+ to learn and play hockey in a fun, non-pressured environment. After successfully completing our Learn to Hockey Skate classes, your player will be ready to compete in the Jets In-House program. We maintain a structured, competitive, and exciting environment for players of all ages and abilities!

You're not required to wait for the start of a new season; you're welcome to join the league at any point, and we'll adjust your season fees accordingly. Must coordinate with the Youth Hockey Director for more information. Please email <a href="mailto:VacavilleHockey@iceoplex.com">VacavilleHockey@iceoplex.com</a>. Our focus is on providing a recreational experience that prioritizes enjoyment and skill development in the game of hockey.

#### **Divisions**

All divisions are non-checking

#### 9 and Under

PRACTICE: Mondays 5:15 - 6:15 PM

To optimize the use of ice and maintain focus, we divide the group into 5-6 smaller groups. Each group then rotates through various stations that feature different drills and objectives. This approach ensures efficient ice utilization while promoting concentration among participants.

GAMES: Saturdays 8:45 - 9:45 AM

For optimal player development, we divide the ice into three separate games that are played simultaneously in a cross-ice format. By utilizing smaller areas for games at this age, we encourage competitiveness, increase the frequency of stops-and-starts, enhance quickness, and provide more opportunities for players to touch the puck. These games are played with three players on each team (3-on-3), and our coaches actively assist in correcting mistakes and fostering a strong competitive spirit among the player

#### 10 and Up

PRACTICES: Mondays 6:30 - 7:30 PM

Our practices prioritize the development of skills, teamwork, and positioning. Through these practices, participants are encouraged to strive for their personal best, exert effort, and enjoy themselves while also learning the importance of competing fiercely.

GAMES: Saturdays 10 - 11 AM

In a non-pressured environment, games will be played with a full ice setup, consisting of 5 players on each team along with a goalie. To ensure fair play, we will have a dedicated referee for each game who will enforce penalties, offsides, and goals. This setup allows players to learn and practice following these guidelines correctly, fostering a positive learning experience.

#### Cost

\$535 for 12 weeks, one practice and one game each week (Sept - Dec 2024) \$620 for 14 weeks, one practice and one game each week. (Starting 2025)

#### **Payment Plan Option**

A \$25 payment plan processing fee is added to the league fee. To qualify for payment plans, the player agrees to play the entire season and pay the entire league amount. A credit card with a valid expiration date and authorization to auto-charge card is required. Declined or late payments may result in additional fees.

#### 12 Weeks:

\$375 - deposit of \$350 + \$25 payment plan processing fee

\$185 - second payment

#### 14 Weeks:

\$375 - deposit of \$350 + \$25 payment plan processing fee

\$270 - second payment

Prorated sign ups <u>may</u> be available if you join late. All prorated sign ups must be done through Youth Hockey Director, Kody Thomas, by emailing <u>VacavilleHockey@iceoplex.com</u>. Prorated fees are eligible for payment plans ONLY if enrollment occurs before second payment is due.

# **Equipment Requirements**

Full equipment is required for all practices and all games. This includes HECC approved helmet with full cage, shoulder/shin/elbow pads, hockey pants with padding, and hockey gloves. **ALSO NOW REQUIRED:** neck guards. All USA Hockey programs require neck-laceration protection. These can be found online, or even in our pro-shop. All equipment can be purchased through the Vacaville Ice Sports Pro Shop. For fittings and orders, contact VacavilleHockey@iceoplex.com.



#### **Locker Rooms**

Locker rooms will be opened up 30 minutes prior to the scheduled ice time and will be closed 15 minutes after. All players are required to arrive at the rink wearing their hockey base layers or shorts and t-shirts under their street clothing.

Locker rooms are required for changing and gearing up. No gearing up in the lobby will be permitted. A parent is permitted to assist their child in the locker room for ages 12 and under.

#### **Locker Room Monitors**

Volunteer locker room monitors are needed! All monitors must be SafeSport certified. Please contact General Manager Ashley Adema for additional information at Ashley@iceoplex.com.

Locker room monitors supervise locker rooms during practices, games, and other events to prevent, reduce, and eliminate harmful behavior. Their responsibilities include:

#### **Controlling access**

Ensuring that only participants, approved team personnel, and family members are allowed in the locker room. They should ask unapproved people to leave and prevent unauthorized entry.

#### **Monitoring behavior**

Watching for and reporting harmful behaviors such as physical abuse, emotional abuse, bullying, threats, and harassment.

#### Securing the locker room

Ensuring the locker room is secure when minor participants are on the ice.

# Intervening in situations

If a situation arises that could lead to immediate harm, such as fighting, wrestling, or throwing items, the monitor may need to intervene to stop the problem. If they are uncomfortable directly engaging, they can send someone for help and try to de-escalate the situation.

# Accompanying the coach

Being present for any individual meetings the coach has with minor participants.

# **Jerseys**

Jerseys are not included in the league fee and are purchased separately. Jerseys cost \$80. If you own a jersey from a previous season and it still fits, you are not required to purchase a new one.

Follow this link to order: <a href="https://tbmsales.itemorder.com/shop/">https://tbmsales.itemorder.com/shop/</a>

Use code **RAKSE** to enter store.

# **Dates and Schedules - Fall Session Sept-Dec**

WEEK	PRACTICES	9U	10U	GAMES	9U	10U
1	Monday, Sept 16	5:15-6:15 PM	6:30-7:30 PM	Saturday, Sept 21	8:45-9:45 AM	10:00-11:00 AM
2	Monday, Sept 23	5:15-6:15 PM	6:30-7:30 PM	Saturday, Sept 28	8:45-9:45 AM	10:00-11:00 AM
3	Monday, Sept 30	5:15-6:15 PM	6:30-7:30 PM	Saturday, Oct 5	8:45-9:45 AM	10:00-11:00 AM
4	Monday, Oct 7	5:15-6:15 PM	6:30-7:30 PM	Saturday, Oct 12	8:45-9:45 AM	10:00-11:00 AM
5	Monday, Oct 14	5:15-6:15 PM	6:30-7:30 PM	Saturday, Oct 19	8:45-9:45 AM	10:00-11:00 AM
6	Monday, Oct 21	5:15-6:15 PM	6:30-7:30 PM	Saturday, Oct 26	8:45-9:45 AM	10:00-11:00 AM
7	Monday, Oct 28	5:15-6:15 PM	6:30-7:30 PM	Saturday, Nov 2	8:45-9:45 AM	10:00-11:00 AM
8	Monday, Nov 4	5:15-6:15 PM	6:30-7:30 PM	Saturday, Nov 9	8:45-9:45 AM	10:00-11:00 AM
9	Monday, Nov 11	5:15-6:15 PM	6:30-7:30 PM	Saturday, Nov 16	8:45-9:45 AM	10:00-11:00 AM
10	Monday, Nov 18	5:15-6:15 PM	6:30-7:30 PM	Saturday, Nov 23	8:45-9:45 AM	10:00-11:00 AM
11	Monday, Dec 2	5:15-6:15 PM	6:30-7:30 PM	Saturday, Dec 7	8:45-9:45 AM	10:00-11:00 AM
12	Monday, Dec 9	5:15-6:15 PM	6:30-7:30 PM	Saturday, Dec 14	8:45-9:45 AM	10:00-11:00 AM

#### **Online Schedule**

A current and updated online schedule will be available on Vacaville Ice Sports website here: <a href="https://www.vacavilleicesport.com/in-house-hockey">https://www.vacavilleicesport.com/in-house-hockey</a>. Any schedule changes, modifications or updates will be sent out via email and updated on the website as soon as possible.

# **Online Registration**

Through sportsengine

# **More Information**